
10

simple ways to
achieve success

❧ REMINDER ❧

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THE LAW OF ATTRACTION

We all have heard about the **Law of Attraction** and how it affects the degree of Success. However, the rate of success does not only depend on the Law of Attraction, but also on several other factors such as the **Law of Entitlement** and the **degree of hard intelligent work**.

Success is basically defined as an accomplishment of a goal or a purpose. This purpose can be of personal, communal or even selfless spiritual value. How small or big your goal may be, there are certain factors that can lead to greater success.

Furthermore, although we know that what we think really makes a difference, it is not easy to think positive all the time! In fact without self-purification, changing the old habits and thinking patterns seem impossible.



1. CLARITY

First of all, the goal or purpose must be clear!
Write down your goal.

If you do not know what you want, what is your passion and what is your aim it is going to be very difficult to move forward. You cannot afford investing time, energy, effort and money on an unstable ground.

'Success is liking yourself, liking what you do and liking how you do it.'

Maya Angelou

'The tragedy in life doesn't lie in not reaching your goal. The tragedy lies in having no goal to reach.'

Benjamin Mays

So first determine your goal and write it down.



Once you have a **target**, you must maintain secrecy. Do not share your goal with other people until it bears results. Do not create unnecessary obstacles and interruptions.

When you have a purpose you can use your **full power** to achieve it.

'Power without
Purpose diffuses.
Therefore power
becomes
impotent.'

Grand Master Choa Kok Sui

2. FOCUS

Focus is also known as **one-pointedness**. You should focus on one purpose at a time. **“Break one arrow at a time!”**

If you have too many purposes, achieving success will be difficult. One-pointedness is a key to success.

‘The power of laser light is that it is **one-pointed**’

Grand Master Choa Kok Sui

Therefore in order to achieve success, it is highly advisable to remove the tasks that are not aligned with the purpose. Unnecessary tasks that are not contributing to the purpose, you need to eliminate.



3. PLAN

Once you have your target, you need to plan your strategy and movement. While the purpose is fixed, the plan should be kept **flexible**; this is called “**Dynamic Management.**”

‘Be **flexible**. Be like water – constantly adjusting and flowing... When a person loses his flexibility, it is a **path to disaster.**’

Grand Master Choa Kok Sui

The plan should be worked out **intelligently** and with **meticulous details**. Determine where you are right now and where you want to be in the future. Work out the possible methods and the required time, budget and people.

Schedule is actually an important factor as well; it creates emotional commitment. You must have deadline for every task. No deadline leads to procrastination. Without deadlines and schedule people will not work efficiently.

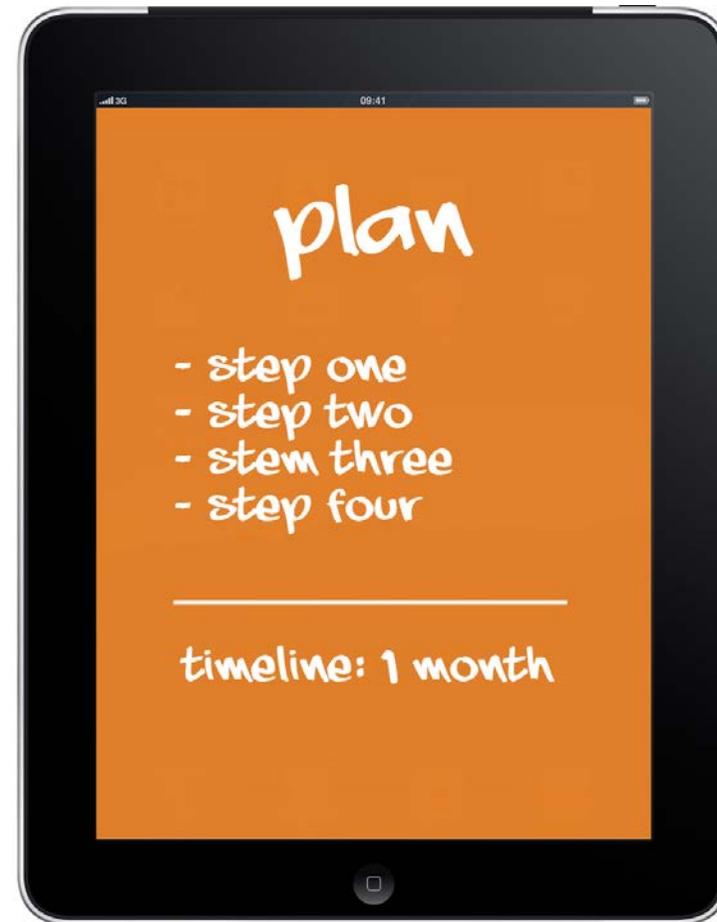
'A goal is a dream
without a **deadline.**'

Napoleon Hill

Take **everything** into
consideration.

- .
- .
- .
- .

If you work out the **details**,
success is yours.



4. THOUGHT POWER

Once you have your **purpose** and **plan**, you can use the power of thought or what is often called the Law of Attraction to attract success.



There are basically a number of techniques that you can use for this purpose including **writing your purpose down**.

The power of written words is in fact more than spoken words; this helps in creating a stronger **thought form**, which will facilitate the materialization of your goal.

Thoughts being created must be clear and simple, with a safety program.

'A safety program at the end of a **thought form** is needed to ensure that the objective is done properly. Properly means "**ethically, correctly & legally.**" Nobody gets hurt.'

Grand Master Choa Kok Sui

Another technique is the **Visualization technique** where you need to visualize yourself as if you have already achieved your goal with thorough details. Adding **emotions** and **colors** to the visualized scene will help it become stronger.

Using the picture or photo of the desirable object, position or situation is also one of the ways of creating a powerful thought form.

5. ATTITUDE

First of all you need to have an attitude of **learn**. It is believed that a good leader is a good learner in the first place!

The attitude of learn also gives a **positive view towards life** since every failure becomes a lesson to learn.

Therefore to get success in a shorter time, you need to study the lives of successful people, study your own mistakes and learn from them.

Failure can become a path to success.



'Failure defeats losers,
failure **inspires**
winners.'

Robert T. Kiyosaki

It is also necessary to act as if you are already **successful**. So have the attitude of successful people; increase your self-confidence, dress well and be in the companion of successful people most of the times.

'Attitude is a **little thing**
that makes a **big**
difference.'

Winston Churchill

6. ENTITLEMENT

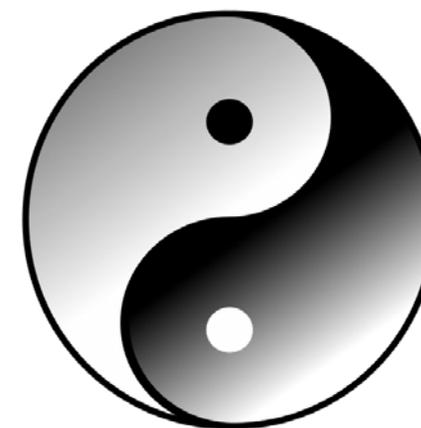
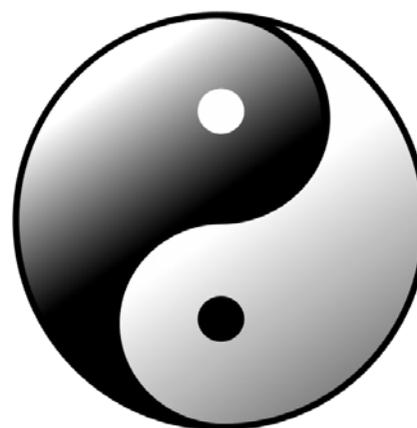
How much you gain success is not only dependent on your attitude but also on your degree of entitlement. If you are entitled to be successful no one can stop you from that.

The **Law of Entitlement** is also known as the **Law of Karma**.

The Law of Karma works, it is exact!

'Like gravity, **karma** is so **basic** we often don't even notice it.'

Sakyong Mipham



You must have seen people who are not intelligent or hardworking enough but they are very successful; they are often called **lucky**. Luck is basically nothing but entitlement or what is believed as **positive Karma**.

To use the Law of Karma to achieve success, you need to give in order to receive. As Saint Frasis of Asisi teaches, **it is in giving that we receive!**

'As she has planted,
so does she harvest;
such is the field of
karma.'

Sri Guru Granth Sahib

You can **share** your knowledge with others; teach what you know to people who are ready to learn. Do not be afraid that if you share your knowledge people will become better than you. What you give will be given back to you tenfold. **Be generous** with your knowledge, your words and your money.

Sometimes people need appreciation and encouragement to succeed, when you can be of great help.

Remember that if you help people to achieve success, **you will be entitled for success.**

Giving money is also important; it is basically a science. If you give money wisely you will be blessed with prosperity in life. It is advisable that you give away **10% of your income monthly** to charity. This is called **tithing**, which in return will ensure your success.

7. INNER PURIFICATION

Sometimes it happens that you begin a task with positive attitude of success but in the process you start to feel self-doubt, fear, low self-esteem and your enthusiasm gradually diminish. There is a saying that **your greatest limitations and obstacles come from within, not from without.**

'You are your own limitations. If you think it cannot be done, it cannot be done. **If you think it can be done, it can be done!**'

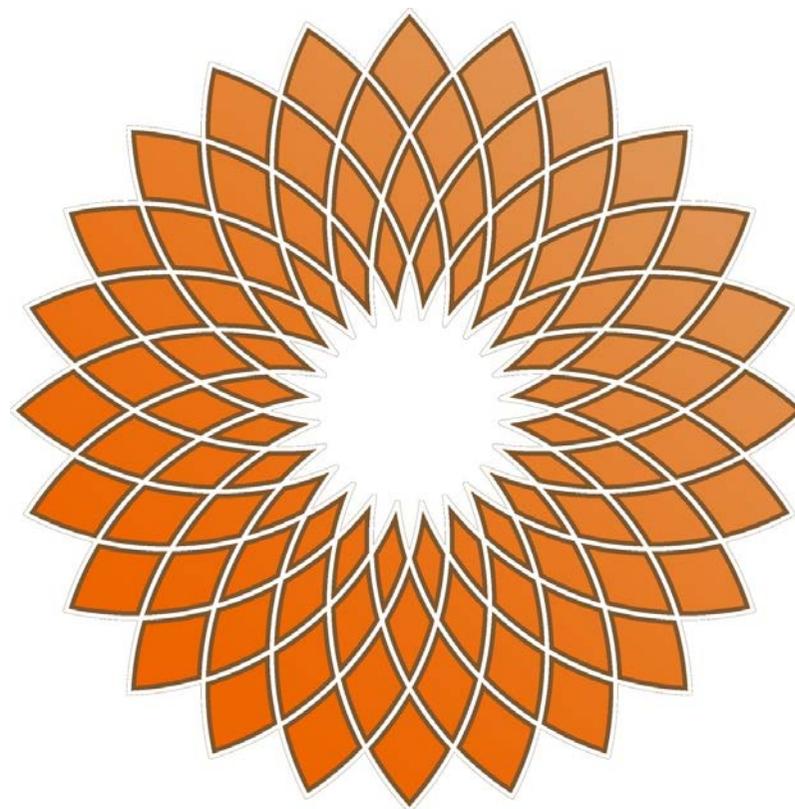
Grand Master Choa Kok Sui

In energy term these are called self-defeating **thought forms** and elementals, which might have been created by you or people around you, which most of the time lead to failure.

Majority of people go through their lives not being aware of the influences of these thought forms and elementals (energy parasites) that are attached to them. These energy beings mostly feed off of **low frequency vibrational energy** and once attached to the subject, will try to evoke an unhealthy and negative feeling or attitude in that person. If you find yourself becoming pessimistic most of the time, you need to **remove** such negative self-sabotaging thought forms and elementals from your system.

One of the most effective techniques for this is **Pranic Psychotherapy** introduced by **Grand Master Choa Kok Sui** in the book "**Pranic Psychotherapy.**"

In Pranic Psychotherapy, **high frequencies of energy** are being used to disintegrate these unwanted thought forms and elementals from your system. In this way, your thinking will become more **positive**; you will have proper self-esteem, courage & clarity.



8. ENERGY WORK

As thought forms and elementals can affect you physically and psychologically, your own **energy body** and **chakras** also play important roles in your success and wellbeing.

In human energy system, there exist **11 major chakras**, each having certain physical and psychological functions.

As an example, one of the psychological functions of the Basic chakra is **Dynamic Activities**.

Therefore people who plan but do not implement mostly have depleted Basic Chakras. Laziness, difficulty in finding or keeping a job, poverty, depression and suicidal tendencies are all manifestations of an imbalanced and under-activated Basic Chakra. Therefore to reverse the situation, the Basic Chakra should be **treated**.

Energy work also refers to all the energetic approaches and techniques that we use to help us achieve our target, including **self-purification, visualization, tithing, healing, meditation** and **blessing**.



Business is also a living entity that can be healed, energized and blessed in order to succeed.

There are a great number of energy healing approaches that provide simple yet effective techniques to heal a person or a business including **Pranic Healing**. Once the energy blockages are removed, the business will grow at a fast rate.

Meditation can also be used as a method of blessing a person, a business or a situation with positive energies of peace, harmony, success, prosperity & abundance.

Meditation on Twin Hearts is a guided meditation that can lead you through the whole process of blessing the whole world with positive energies where at the end you can become a channel to bless your **country, community, family** and your own **goals & aspirations**.

Angels and higher beings can also be asked for help especially at the start of any project.

'What is impossible for an ordinary person is possible with the blessings of **God**, the **Guru** and the **higher beings**.'

Grand Master Choa Kok Sui

9. INTELLIGENT HARD WORK

Although energy work is important, still intelligent hard work is needed to reach the target. According to a Chinese Proverb, **talk does not cook rice!**

'The secret of success is **consistency of purpose.**'

Benjamin Disraeli

You cannot just sit and expect the invisible helpers to do the work. You still need to do changes in the physical world.

Perseverance and Constancy of aim and effort is one of the factors that ensure success; it is often known as non-laziness.

'If a person masters the Virtue of **Constancy of Aim and Effort**, that person is destined to be successful.'

Grand Master Choa Kok Sui

This is the quality needed for **success**, for **greatness**.

Constancy of aim and effort is a manifestation of the **Will**. In fact things happen because **you will them to happen**.

'Creation is done by the **Will**, by influencing the **Inner World**.'

Grand Master Choa Kok Sui

To achieve your goal you must have **Mental** and **Emotional Effort**, manifesting in finding the ways and means of overcoming a problem, as well as Physical Effort, manifesting as following and accomplishing your plan and schedule.

You need to focus more on **being productive** than being busy!

'Victory belongs to the most **persevering**.'

Napoleon

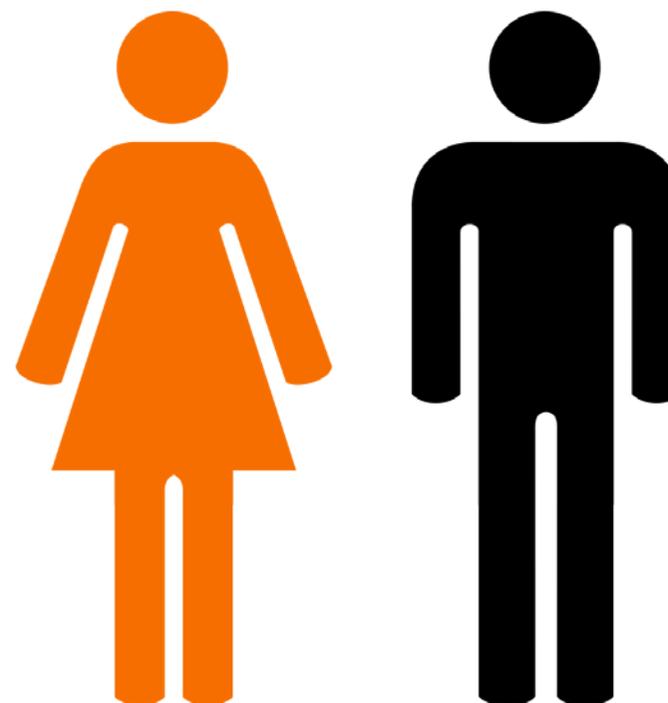


10. PEOPLE

Surround yourself with successful people. Being among successful people will create an **attitude of success**; furthermore as energy transfers from one person to another, the **positive energies** and **thought forms** that attract success will be transferred to you as well.

Often in the gathering of successful people, new **ideas**, new **opportunities** and new **doors** will open towards success.

You need to also identify the correct people with required skills for your work. Having right people is more important than having the right plan. Right people can lead the project toward the target.



'If you pick the **right people** and give them the opportunity to spread their wings - and put compensation as a carrier behind it - you almost don't have to manage them.'

Jack Welch

'Make your top managers **rich** and they will make you **rich**.'

Robert H. Johnson

Once you found the right people for your work, pay them well. Make them feel **happy** so that they can work with full force and enthusiasm for your target.

And at the end, as much as you can try to work in a group! In the group the deficiencies of one person will be compensated by the strengths of another.

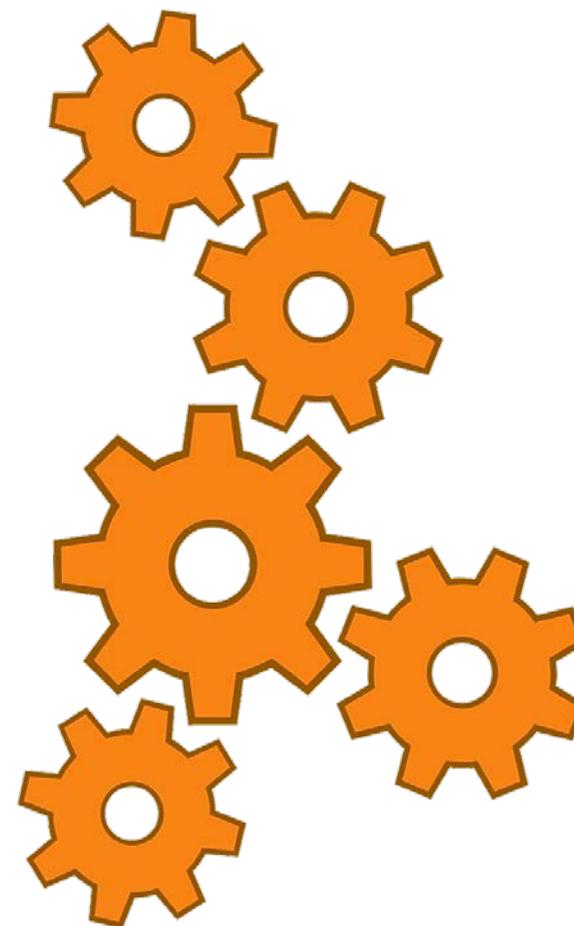
'Because a thing seems difficult for you, do not think it is impossible for anyone to accomplish.'

Marcus Aurelius

Discussions and planning done in a group will provide a better view towards plans and strategies, since the matter is being viewed from various perspectives.

'Just as your eyes have "Blind Spots," your mind also has "Blind Spots."'

Grand Master Choa Kok Sui



∞ SUMMARY ∞

1. Clarity
2. Focus
3. Plan
4. Thought Power
5. Attitude
6. Entitlement
7. Inner Purification
8. Energy Work
9. Intelligent Hard Work
10. People

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